



Prevention is the Strongest Antidote for Poisoning

The New Jersey Poison Control Center Urges
Implementing Poison Safety Practices at Home
During National Poison Prevention Week

1-800-222-1222



**New
Jersey
Poison
Center**



Every day, the nation's 54 poison control centers provide callers of all ages with life-saving information, guidance, and medical care regarding exposures to harmful or potentially harmful products and substances with medical outcomes ranging from minor to severe.

Whether it's a question or an emergency, calling a poison center is faster and more accurate than an internet search. More than 70% of people who call the Poison Help Line (1-800-222-1222) get the help they need right where they are — saving the cost of a trip to a healthcare professional or hospital.

The New Jersey Poison Control Center joins poison centers nationwide in celebrating National Poison Prevention Week (NPPW), observed this year on March 16 to 22.





This week is dedicated to promoting the importance of recognizing accidental poisoning risks, preventing injuries, establishing home safety practices, and raising community awareness about the valuable services provided by U.S. Poison Control Centers.



“As poisonings continue to be a leading cause of death and injury in New Jersey and across the county, it’s important to recognize that the majority of poisonings happen in homes and involve common everydayproducts from over-the-counter medicines and supplements to prescription drugs, and household cleaners and chemicals to cosmetic/personal care products,” said Bruce Ruck, managing director of the [New Jersey Poison Control Center](#) at [Rutgers New Jersey Medical School](#).



1-800-222-1222

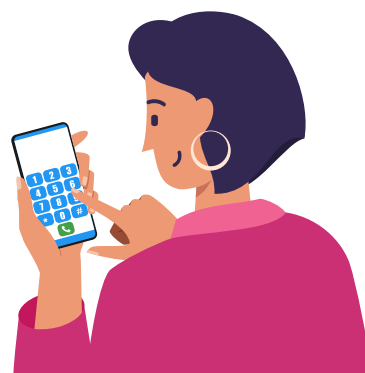




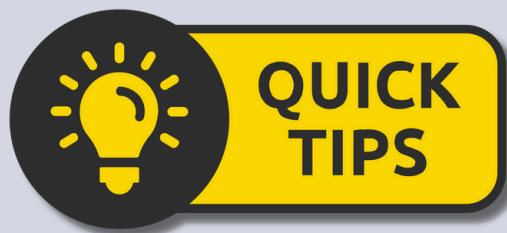
“People of all ages are at risk of poisoning when you combine accessibility with storage practices that are not safe enough,” Ruck said.

“This is especially true with medicines as they are readily available in homes, while visiting friends and family, and online. Medicines not monitored and not kept in lockable areas often lead to accidental poisonings, overdose, and abuse. Medicines may also be purposefully misused in suicide attempts.”

Poisonings don’t always have early warning signs. When the unexpected happens, and you’re unsure about potential dangers or whether you should visit an emergency room, call the New Jersey Poison Control Center for medical help before doing anything.



The expertise and guidance provided by the center’s toxicology specialists, including nurses, pharmacists, and doctors, help quickly address the situation, giving a caller peace of mind while providing medical care.



Although accidents and mishaps occur, they can usually be avoided by following simple safety practices. The New Jersey Poison Control Center recommends the following safety tips to prevent poisonings at home.

1-800-222-1222



Keep medicines and household products in their original containers and away from food items.

Read the labels on all medicines and household products carefully and follow their directions and warnings.

If using liquid medicine, measure the amount of medicine with a dosing tool – dropper, syringe, medicine cup or dosing spoon. Do not use a kitchen spoon.



Regularly dispose of medicines that have expired or are no longer needed.

Store medicines and household products up, away and out of sight, preferably locked.

Never take someone else's medicine, including giving children medicine made for adults.

Use child-resistant containers whenever possible but remember nothing is childproof.

Reseal and lock up harmful items after each use.

Have working carbon monoxide detectors in your home.



National Poison Prevention Week | March 16-22, 2025

Help the New Jersey Poison Control Center promote poison safety education. [Click here](#) for sharable resources and follow #NPPW24 on social media for safety tips and information. Stay connected on social: [Facebook](#) [Twitter](#) [Instagram](#) [YouTube](#) [TikTok](#)



National Poison Prevention Week | March 16-22, 2025

When You
Accidentally Take
Your Medicine Twice



National Poison Prevention Week | March 16-22, 2025

When the Edible
Was Stronger
Than Expected

Poison Help is Here for You.



When You Have
Questions About
Taking Supplements
with Medication

Poison Help is Here for You.

POISON
HELP
1-800-222-1222

The poison control center's education department is available to provide poison safety programs, prevention education materials, and attend community events. [Scan here to request free educational materials.](#)



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**Get Free
Medical Help
1-800-222-1222**

Medical specialists are available to provide information, answer questions, and provide emergency support 24 hours a day

Anyone can call for medical help – children, teens, and adults

[NJPoisonCenter.org](https://www.njpoisoncenter.org)

NJ Poison Control Center is a medical resource for both the public and healthcare providers.

If you think someone came in contact with something dangerous, contact the New Jersey Poison Control Center immediately.

Call the New Jersey Poison Control Center at 1-800-222-1222 or [Chat Here](https://www.njpoisoncenter.org)
If someone is not breathing, hard to wake up, or having a seizure, call 9-1-1