

# In Case of an Emergency

- **Don't panic. Call for help!**
- **Has the person collapsed or stopped breathing?**
  - ▶ Call 9-1-1 or your local emergency number right away.
- **Swallowed the wrong medicine or too much medicine?**
  - ▶ Call Poison Control, 1-800-222-1222.
- **Inhaled poison?**
  - ▶ Get to fresh air right away.
  - ▶ Call Poison Control, 1-800-222-1222.
- **Poison on the skin?**
  - ▶ Take off any clothing that the poison touched.
  - ▶ Rinse skin with running water for 15 to 20 minutes.
  - ▶ Call Poison Control, 1-800-222-1222.
- **Poison in the eyes?**
  - ▶ Rinse eyes with running water for 15 to 20 minutes.
  - ▶ Call Poison Control, 1-800-222-1222.



**Call the poison experts for help.  
New Jersey Poison Center  
The Right Answer, Right Now!**

## We Are Your Poison Control Center



1-800-222-1222

**New Jersey  
Poison Center**



140 Bergen Street  
Level G • Suite 1600  
Newark, NJ 07103

**Poison Help**                      **Chat**  
**1-800-222-1222**      **www.njpies.org**

**Text**  
**9733390702**



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# Keep Your Family Safe from Poison



1-800-222-1222

**New Jersey  
Poison Center**



# What is a Poison?

A poison is any substance that can harm your body. Anything can be a poison if it is taken in the wrong amount, in the wrong way, or by the wrong person. Most poisonings happen in the home and are preventable.

## Poisonings Span a Lifetime

Children are NOT the only ones at risk. Anyone at any age can be poisoned, including pets.

## Poisons Found In and Around Your Home

- Medicines (prescription and over-the-counter)
- Household Cleaning Products
- Alcohol
- Bug and Weed Killers
- Car Maintenance Products
- Carbon Monoxide (CO) gas
- Cigarettes/Cigars/Vaping Products
- Wild Mushroom/Berries
- Plants (Poison Ivy, Oak, Sumac)



# SAFETY TIPS



- ▶ Save the Poison Control number, 1-800-222-1222, in your phone and post it in your home.
- ▶ Store medicines and cleaning products in locked cabinets/pantries/closets/lock boxes.
- ▶ Keep all products in their original containers with the labels on them.
- ▶ Use a medicine spoon/cup/oral syringe to give or take liquid medicine.
- ▶ Store food products away from cleaning chemicals and medicines.
- ▶ Child-resistant does NOT mean childproof. Re-seal and lock up harmful items after every use.
- ▶ Keep button batteries, small magnets, vaping products, and liquid laundry packets away from children and pets.
- ▶ Install a carbon monoxide (CO) detector on every floor, and outside sleeping areas.
- ▶ Be sure to check and change CO and smoke detector batteries when you "change the time" (daylight savings time).

## Poisons can hurt you if:

- Swallowed
- Breathed in
- Splashed/sprayed on skin or in eyes



# Where to Get Help?

# 1-800-222-1222

**Questions. Emergencies. Information.**

**Fast, Free, Expert Medical Help  
24/7/365 ~ Confidential  
We speak your language**

Call the experts at the New Jersey Poison Center right away if you think someone came into contact with something harmful.

**Poison Help** **Chat**  
**1-800-222-1222** **www.njpies.org**  
**Text**  
**9733390702**

 

## Why Call Your Local Poison Control Center?

We are the poison experts. We save lives, time, and money every day. Our health care professionals answer questions and give treatment advice to people of all ages, at NO COST. Many people who call us are treated at home so they do NOT have to go to a doctor or hospital.

Remember, help is not only needed when someone swallows something dangerous... think eyes, skin, and lungs too!

