Each year, poison centers from around the country manage numerous exposure cases involving Halloween-related substances, such as candy, glow sticks, and special cosmetics. Here are some simple precautions adults can take to help avoid poisonous exposures and ensure that children have a safe holiday:

**DRY ICE**
Handle dry ice properly and carefully. Oral/skin exposure or ingestion of dry ice can cause significant damage. Do not store dry ice in the freezer or an unventilated area.

**CANDY & TREATS**
Inspect all candy for any signs of tampering (tears, pinholes, discoloration, etc.) before eating or allowing children to eat. Check all candy and edibles for choking hazards.

**COSMETICS**
Test face makeup in a small area of skin first (preferably on the arm) to check for allergic reaction before applying it to the face. Avoid decorating the face or body with products that aren’t intended for the skin. Throw out any makeup that has a very bad smell; this could be a sign of contamination.

**GLOW STICKS**
Remind children not to chew on or break open glow sticks or any other glow-in-the-dark products. While the liquid is considered minimally toxic in small amounts, it can cause skin irritation. Swallowing glow stick liquid can cause nausea and burning. Eyes are especially sensitive to glow stick liquid. Never put these products in the microwave.

If you have any questions, or if you or someone you know has been exposed to a potentially harmful substance, call the Poison Help line immediately 1-800-222-1222.

Be prepared by programming the Poison Help number into your phone TODAY, 1-800-222-1222!